



Social Prescribing and Creative Aging Resources

The following resources include research and studies, reports, programs, and initiatives on social prescribing developed, researched, and/or supported by [Tasha Golden](#), PhD, Director of Research at the International Arts + Mind Lab at Johns Hopkins Medicine; [Sudha Shreeniwas](#), PhD, Professor in the Department of Human Development and Family Studies at University of North Carolina Greensboro; and [Käthe Swaback](#), Program Officer, Mass Cultural Council (Creative Youth Development and CultureRx: Social Prescription Pilot Program).

USA:

- Book: [Your Brain On Art: How the Arts Transform Us](#) by [Susan Magsamen](#), and Ivy Ross (2023)
- [The NeuroArts Blueprint: Advancing the Science of Arts, Health, and Wellbeing Initiative](#) (2019)
- The MoMA Alzheimer's Project: [Meet Me at MoMA](#)
- Book: [Creative Care: A Revolutionary Approach to Dementia and Elder Care](#) by Anne Basting, PhD (2020)
- National Endowment for the Arts (NEA): [Accessibility: Creativity & Aging Resources](#)
- National Assembly of State Arts Agencies (NASAA): [Creative Aging Programs & Resources](#)
- [Sound Health: A NIH \(National Institute of Health\) & John F. Kennedy Center for the Performing Arts Partnership](#)
- National Institute of Health (NIH) Article: [Sound Health: Music Gets You Moving and More](#) (2018)

Massachusetts:

- Mass Cultural Council launched the [CultureRx Initiative](#) in January 2020, as the first social prescription initiative focused on the arts and culture in the United States.
- Phase II and III of the program ran from July 2020 to June 30th and expanded the program to include [12 organizations](#) from throughout the state.
- The results of Phase III were captured in the [Mass Cultural Council's "CultureRx" Evaluation Report](#). The report highlights the impact and potential of the social prescription of cultural experiences for patients, providers, and cultural organizations. Read more here - [The CultureRx Social Prescription Blog Post with links](#) and see the [New Round of Investments Made in Social Prescription](#) + [social prescription blog posts](#).
- [The Trust Transfer Project and CultureRx: Social Prescription](#)



Lifetime Arts

- Mass Cultural Council Article: [Card to Culture: A Stone Soup Story](#) (2022) documents how for 5 years, 300+ cultural organizations have provided 780K free or discounted admissions to cultural experiences (Mass Cultural Council in partnership with EBT Card to Culture and ConnectorCare)
- Harvard T.H. Chan School of Public Health Article: [Design for Social Prescribing: Bridging Silos for Health Promotion](#) (2023)

International:

- [Establishing Internationally Accepted Conceptual and Operational Definitions of Social Prescribing Through Expert Consensus: A Delphi Study](#) (2022)
- The Social Biobehavioural Research Group at University College London Report: [New Report by UCL Researchers Links Participating in Arts and Culture to Longer, Healthier Lives](#) (2023) (the [summary report from this work](#))
- World Health Organization (WHO) Health Evidence Network Synthesis Report: [What is the Evidence on the Role of the Arts in Improving Health and Well-being? A Scoping Review](#) (2019)
- [Canadian institute for Social Prescribing:](#) and [Rx: Community – Social Prescribing in Ontario](#) Initiative (2018)

Articles/Videos/Networks:

- WIRED Magazine Article: [A Radical Plan to Treat Covid's Mental Health Fallout](#) (2021)
- Time Magazine Article: [Why Some Doctors Are Prescribing Ballroom Dance or a Day at the Museum](#) (2022)
- Transformation Partners in Health and Care Video: [What is Social Prescribing?](#) (1:14 mins) (2018)
- [Social Prescribing USA](#) network and [newsletter](#) and if you wish to [subscribe](#).